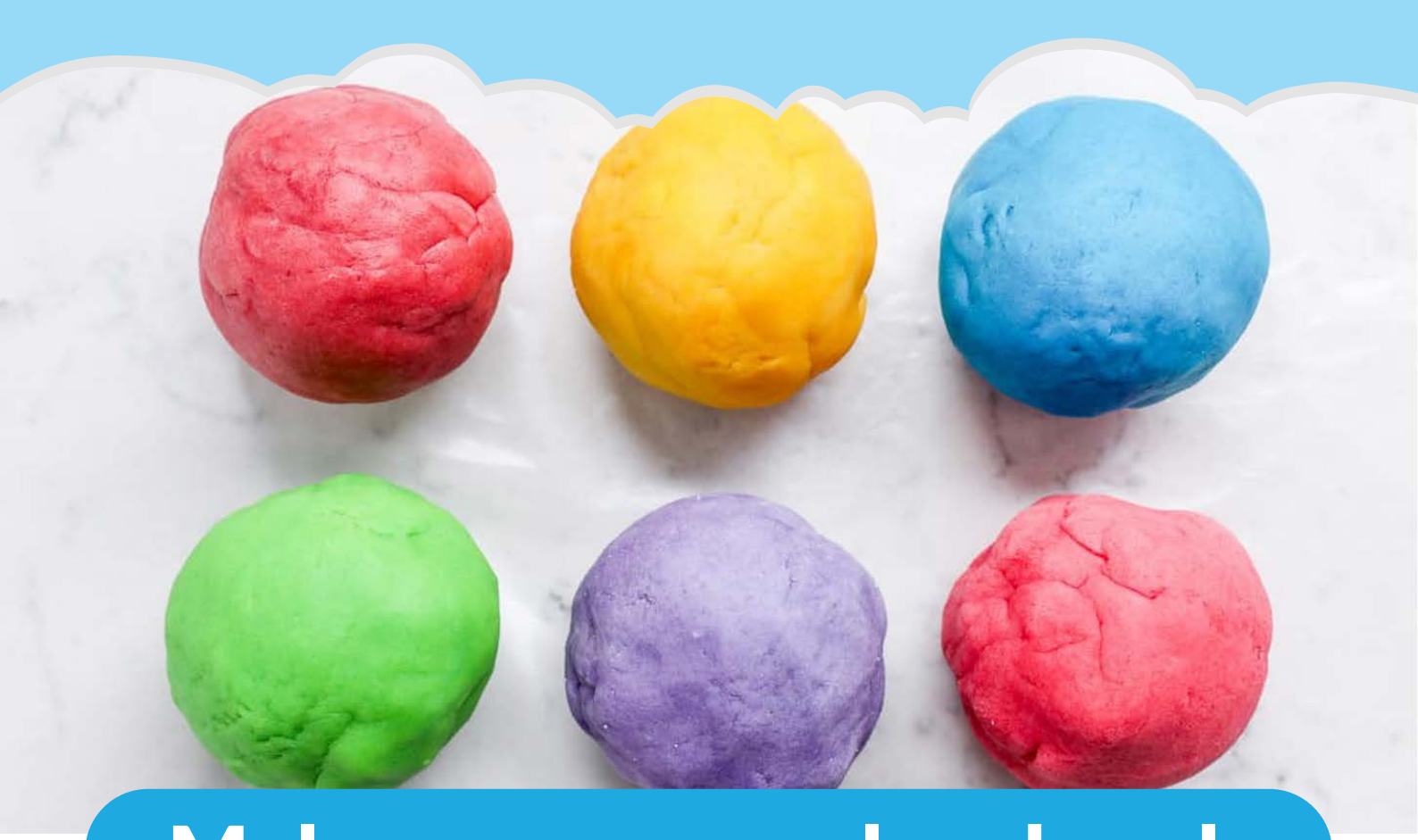

Make your own play dough

WHAT IS NEEDED:

Measuring cup
Mixing bowl
Mixing spoon
Food colouring
Tbsp

1 cup of flour
1/2 cup table salt
2 Tbsp cream of tartar
1 tbsp of oil
1 cup of water

IDEAS

Make with the children allowing them to create their own dough.

You can also add herbs and/or essential oils to create another sensory layer to the experience – Sense of Smell.

INSTRUCTIONS:

1. Combine flour, salt, and cream of tartar together in a bowl.
2. Mix well with mixing spoon.
3. Add in the oil and mix together.
4. Add food colouring and water together in a separate bowl.
5. Once the colour has spread in the water then add the now coloured water into the other bowl combining all ingredients together.
6. Mix all ingredients together with a mixing spoon.
7. Once the mixture becomes firm use hands to mix and finish blending together – this will enable it to become more of a dough texture.
8. Place on the table for the children to use.